

تعداد سوالات: تستی: ۳۰ تشریحی: ..

زمان آزمون: تستی: ۵۵ تشریحی: .. دقیقه

آزمون نمره منفی دارد ○ ندارد ⊗

نام درس: متون خارجی تخصصی

رشته تحصیلی / کد درس: تربیت بدنی (۱۲۱۲۱۵۸)

منبع: ..

مجاز است.

استفاده از: ..

کد سری سوال: یک (۱)

پیامبر اعظم (ص): روزه سیر آتش جهنم است.

Part 1: Vocabulary**Select the best choice (a, b, c or d) and then mark it on your answer sheet.**

- A..... is the path at a projectile or other moving body through the air.
a. take off b. trajectory c. thigh d. track
- The term refers to "the part of a person's or an animal's leg between the knee and ankle".
a. race b. spin c. shank d. stride
- Please the wheel through 180 degrees.
a. rotate b. rotation c. rotary d. rotational
- The next will be 100 meters race.
a. dash b. racer c. tracker d. event
- Please type the letter in
a. duplicate b. duplication c. duplicative d. duplicatively
- Some diseases are present by
a. characteristic b. evolution c. organelle d. heredity
- are active in the synthesis of proteins.
a. zygote b. chromosome c. balance d. ribosomes
- The human consists of 206 bones.
a. skeletally b. skeletonize c. skeleton d. skeletal
- are expected to be fair and have polite behavior when playing a sport or a game.
a. Performance b. Sportsmen c. Nutrition d. Metabolism
- The term refers to "the ability to suffer difficult conditions without being harmed".
a. sprint b. tolerance c. recovery d. prescription
- in food provide the body with energy and heat.
a. Glycogen b. Metabolism c. Carbohydrates d. Diet

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12. Blood through the body.

- a. circulate b. circulation c. circulatory d. circulates

13. The flue spreads widely and rapidly.

- a. epidemic b. rehabilitation c. therapy d. medications

14. The term refers to "the act of walking about or moving from place to place".

- a. spasm b. stroke c. compress d. ambulation

15. Regular exercise will improve blood

- a. circulation b. compress c. ambulation d. disorder

16. They have finished the of the health care system.

- a. evaluation b. evaluate c. evaluative d. evaluatively

17. A(n) consists of a mirror that reflects light into the eye and a central hole through which the eye is examined.

- a. electroencephalogram b. ophthalmoscope
c. otoscope d. stethoscope

18. The term refers to "the act of examining by touching an organ or area of a body."

- a. check up b. diagnosis c. palpation d. specimen

19. Efforts to reach the injured men have been.....

- a. intensify b. intense c. intensified d. intensely

20. A(n)..... is an applied force or system of forces that tend to strain or deform a body.

- a. injury b. trauma c. contraction d. stress

21. The term refers to "a strong band of tissue in the body that connects bones supports muscles, etc."

- a. ligament b. tendon c. cartilage d. tissue

22. The child is normally.

- a. developing b. development c. developmental d. developmentally

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23. In the intramural..... they were so much stronger than the other teams that they were sure to win easily.

- a. exercise b. fitness c. contest d. coordination

24. Physical education students should take some courses on.....

- a. coaching b. exercise c. kinesiology d. fitness

Part 2: Reading Comprehension

Read this passage and then select the best choice (a, b, c or d) for each question following the passage.

The long bones of the extremities, in particular, are **highly** responsive to changes in mechanical loading—they increase in both size and mineralization and **undergo substantial** cortical remodeling. How mechanical change affects remodeling, and the identity and manner of the response of cells initially receptive to that change, remain to be fully established. Cyclic bending strain may be a mechanism to account for selective bone remodeling.

25. **They**, in the second line, refers to

- a. people b. increases in bone length
c. cartilage increase d. the long bones of the extremities

26. The word **highly**, in the first line, is similar in meaning to.....

- a. long b. very c. big d. much

27. The word **undergo**, in the second line, is similar in meaning to.....

- a. sensitive b. experience c. examination d. considerable

28. The word **substantial**, in the second line, is similar in meaning to.....

- a. exciting b. considerable c. causes d. causes

29. According to the above text, -----is a mechanism to account for selective bone remodeling.

- a. cyclic bending strain b. extremities
c. remodeling d. manner of the response of cells

30. The changes in mechanical loading results in the increase in both size and mineralization of the long bones of in particular.

- a. skeleton b. back c. chest d. extremities